

Dear Parents/Students

We at the Great Aussie Bush Camp look forward to your school's visit. This letter (and associated forms), will hopefully provide insight into our organisation and the proposed program, so that you can make an informed decision about your child's attendance.

Program dates: Wednesday, 10 March - Friday, 12 March 2021 (Week 7)

School pick up time: 7:15am (please be at least 15 minutes early for marking of names, etc)

Return to school time: Approximately 5:15pm. The school will keep arrival times updated through Facebook and Skoolbag

Cost: \$352 – please pay ASAP if you have not already done so.

At The Great Aussie Bush Camp our mission is to deliver the best possible outdoor recreation-based teaching and learning outcomes for our clients through programs that are:

- ✓ fun
- ✓ challenging
- ✓ diverse
- ✓ relevant
- ✓ memorable

In delivering these programs, our goal is to:

- ✓ Place the safety and wellbeing of our clients above all else
- ✓ Adhere to the highest possible standards as teaching and learning providers.

We hope that like the tens of thousands of happy and satisfied students and teachers who've visited us every year that your child's stay at The Great Aussie Bush Camp will be just as memorable.

Our team members are of the highest quality. Our activity instructors are energetic and are highly trained to run all activities. They all hold first aid and resuscitation qualified. Challenge and enjoyment, along with safety, are the main aims of our programs. We have an excellent safety record due to our extremely high standards.

We ask that you read the camp guidelines carefully. In order to maintain the safety and enjoyment of people involved, any student who breaches these guidelines may have their parents/carers contacted and asked to be collected from camp.

All accommodation, amenities and associated facilities are clean, comfortable and well maintained. The programs are fully catered with ample availability of nutritious and tasty food; special dietary requirements can be accommodated.

We aim to provide students with memorable and authentic lifetime experiences and hope that you/your child can be a part of our program.

Yours sincerely

Management
The Great Aussie Bush Camp



TEA GARDENS

Camp Guidelines and Rules

Students should be aware of these Guidelines.

- Never leave camp or an activity without permission.
- All activities must be supervised by a teacher and instructor.
- Listen to and follow instructor's guidelines.
- Closed-in shoes and hats should be worn at all times.
- Respect male and female areas; enter no room other than your own.
- Respect the natural environment, use bins provided, don't damage the bush.
- No pocket knives, glass, valuables, electronic equipment, or mobile phones are to be brought to camp.
- Do not approach, or attempt to pat the wildlife.
- All accidents / damage to equipment must be reported.
- Wilful damage will be paid for by the individual(s) responsible.
- Do not eat or drink in tents / cabins / dorms.
- No chewing gum to be brought to camp.
- Respect others after lights out. There should be no need to leave your tents / dorms / cabins after lights out.
- Each group is responsible for the ongoing cleanliness of the room / tent.
- To avoid accidents please do not run around campsite areas.
- As a general rule, students will not be removed from activities as punishment. They may be given a 5 minute time out to reflect.
- Allocating extra duties or taking away free time may also be used as behaviour management strategies.
- We may exclude students whose behaviour could result in serious danger or distress to themselves or others. In extreme cases, after consultation with teachers, the parents / guardians may be contacted and the student(s) will be sent home.

Health, Safety & Medication

Teachers are to forward to us completed Special Needs Forms and Dietary Forms prior to coming to camp. Teachers are to bring the following forms with them when they attend camp, Medical and Consent Forms and current medication requirement.

Asthma

It is vital that parents/guardians of children who suffer from Asthma provide sufficient information in an Asthma Management Plan. This will enable team members / teachers to take appropriate action in the event of an asthma attack.

Teachers will dispense any medication as required.

Camp team members have First aid and Resuscitation certificates.

There is an on-site first aid room. For any accidents / sick students we have a doctor in Tea Gardens (10 mins). There is an ambulance service in Tea Gardens (10 mins) and Karuah (10 mins). The nearest hospital is The Maitland Hospital (1 hour) and John Hunter Hospital, Newcastle (1 hour).

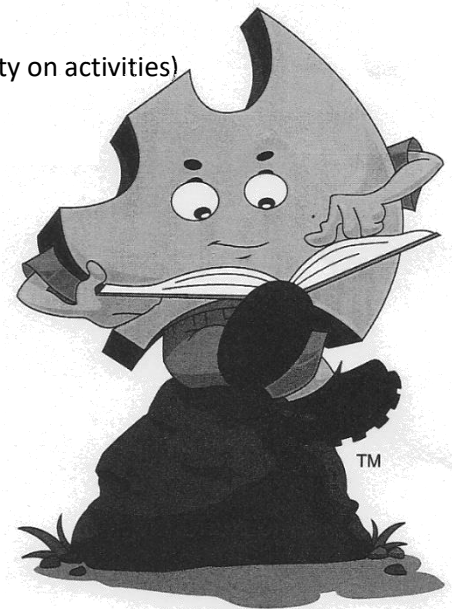
Gear Checklist – Children (based on a 3 day camp)

PLEASE CLEARLY NAME ALL ITEMS

MEDICATION NEEDS TO BE GIVEN TO THE ORGANISING TEACHER

The checklist below is a guide only. It is a good idea for students to pack their own bags so that they can repack for the trip home.

- Mess kit (plate, cup & fork) non disposable
- Water bottle
- Raincoat (regardless of forecast)
- Hat or cap
- Sleeping bag (extra blanket in winter)
- Pillow
- Sunscreen and hand sanitiser
- 1 pair pyjamas (tracksuit in winter)
- Day pack (small backpack for water, sunscreen, etc)
- Torch (make sure it works before you leave home)
- Toiletries (including toothbrush!)
- Insect repellent
- 2 pairs of runners (1 old pair for water activities)
- Thongs – only for going to and from showers
- 3 T-shirts needed, no singlet / tank tops / midriff tops (for safety on activities)
- 3 sets of underwear
- 3 pairs of shorts – NO MINI SHORTS (for safety on activities)
- 3 pairs of track pants (if cold weather forecast)
- 2 sloppy joes /windcheaters (if cold weather forecast)
- 3 pairs socks
- Bath towel
- Beach towel and swimmers
- Optional – camera, money for souvenirs
- Tissues / hankies
- Plastic bag for wet clothes / towels



TEA GARDENS

Sample Menu

Day 1

Lunch	Hamburger and Salad Fruit / Drink
Afternoon Tea	Fruit / Cold Drink
Dinner	Spaghetti Bolognese and Garlic Bread Ice Cream
Supper	Hot Chocolate and Biscuits

Day 2

Breakfast	Variety of Cereals Spaghetti, Baked Beans, Eggs, Pancakes Toast and Spreads
Morning Tea	Museli Bars / Fruit / Cold Drink
Lunch	Cold Meat and Salad Sandwiches
Afternoon Tea	Fruit / Cold Drink
Dinner	Chicken Dish with Rice and Garlic Bread Ice Cream
Supper	Hot Chocolate and Biscuits

Day 3

Breakfast	Variety of Cereals Spaghetti, Baked Beans, Eggs, Pancakes Toast and Spreads
Morning Tea	Fruit / Cold Drink
Lunch	BBQ Sausage or Hot Dog / Fruit / Cold Drink

This menu is used as a guide only; changes may be made at any time.

Special Dietary requirements will be catered for when advance notice is given.



TEA GARDENS

Medical Form – child

Name of school: THE JANNALI HIGH SCHOOL

School year: YEAR 7

Student details:

Surname: Given names:

Address:

Postcode: Date of Birth:/...../..... Male Female

Parent/Guardian details:

Please tick ✓ Mother/Guardian Father/Guardian Other contact

Full name of Parent/Guardian:

Home phone: Work phone:..... Mobile phone:

Medicare number: Expiry date:/...../.....

Student name on card:

Student number on card:

Ambulance cover: Yes No

Private Health Fund name: Health fund member number:

Is your child in good health? Yes No

Does your child require regular medication? Yes No

Does your child suffer from any chronic illness/allergies? Yes No

If yes, please specify.

.....
.....
.....

Parent/Guardian signature:

Date:/...../.....



TEA GARDENS

Current Medication / Dietary Requirements

School: THE JANNALI HIGH SCHOOL

Student name:

Time and dosage – please specify exact time of medication

	Breakfast		Lunch		Dinner		Other	
Medication name	Time	Dose	Time	Dose	Time	Dose	Time	Dose

Regulations require that all medication must be provided in the original container/packaging. Teachers will collect and administer all medication.

Has your child suffered from any acute illness in the past four months? If yes, details.	Yes	No
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Has your child been treated by a doctor in the past four weeks? If yes, please attach a medical certificate outlining treatment and stating that the child is fit to attend camp.	Yes	No
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Has your child had any major surgery? If yes, please specify.	Yes	No
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Is your child's Immunisation up-to-date, including tetanus? If yes, what year was the last booster given?	Yes	No
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Does your child wet the bed?	Yes	No
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Does your child sleep walk?	Yes	No
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Do you give permission for Panadol to be administered if required?	Yes	No
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Does your child have any dietary requirements? If YES, please specify.	Yes	No
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Water or swimming activities:

In relation to any proposed water or swimming activities, my child: Name:
(please tick ✓ one)

STRONG SWIMMER AVERAGE SWIMMER POOR SWIMMER NON-SWIMMER



TEA GARDENS